

Swanage Medical Practice Patient Participation Group
Minutes of Virtual Meeting held on 25 January 2022 at 6:30pm

Present

Margaret Broadhurst, Chair (MB)

Karen Wright, Treasurer (KW)

Nicky Fitchett (NF)

Ruth Jordan

Jan Owens (JO)

Dr Kiran Qureshi, GP (KQ) - for Items 4-12

Gill Foott, PPG Support Officer, NHS Dorset Clinical Commissioning Group (GF) - for Items 1-3 only

		Action
1.	Welcome and introductions Margaret welcomed everyone to the meeting, Including Gill Foott. Gill was only able to stay for a short time, so it was agreed to move her update up the Agenda.	
2.	Apologies Apologies were received from: Sally Fazekas (SF), Wendy Hammersley (WH), Tim Mersey (TM) and Sandra Rhead (SR). Margaret also reported that Gill Calvin-Thomas (GC-T) had decided to leave the PPG - although she may re-join at a future date.	
3.	Update from Gill Foott, PPG Support Officer, NHS Dorset CCG Gill gave an update on the latest situation regarding COVID-19. The number of reported cases in Dorset had decreased from the high levels seen in recent weeks, but was now increasing again (740 reported cases per 100,000 in the seven days to 22 January). There were currently 61 people with COVID-19 in Dorset hospitals. More than 1.6 million doses of COVID vaccine had been administered in Dorset, although demand for vaccination was now decreasing. The Vaccination Centre in Dorchester would be remaining open until 31 March 2022 - pre-booking via the national booking service is recommended, although people can also just walk in. See: https://www.dorsethealthcare.nhs.uk/covid-19-vaccination-service#b8cd32ba . Gill also reminded everyone that self-isolation rules had changed and Plan B measures were being eased - see latest guidance at: www.gov.uk/coronavirus . Gill also reminded everyone that the first PPG webinar of 2022 is to be held on Thursday 10 February at 2:00pm . It will be focusing on Integrated Care Systems, which are now going to be introduced across England from 1 July 2022.	
4.	Presentation on Wellbeing Swanage - Nicky Fitchett and Jan Owens (The slides used in the presentation are included at the end of the Minutes) Wellbeing Swanage is based on the Compassionate Frome model and aims to: <ul style="list-style-type: none"> • Safeguard community assets • Map out all the resources we have locally and help people access them • Identify where there are gaps in local provision • Draw more resources into the local area • Grow community connections. 	

	<p>The website is now up and running - see http://wellbeingswanage.org. The four tabs on the home page take you to:</p> <ul style="list-style-type: none"> • A Directory of local community groups and support services • Resources that can help people improve their health or tackle life issues • Community Connector Training, open to everyone in the community - enables them to signpost people to information and support that might help them • Projects and Partners - this will include information about projects and other volunteering opportunities people can get involved with. <p>A Community Café is now open at Herston Village Hall - it is hoped that it will also be possible to open a Community Café in Swanage.</p> <p>Nicky explained that the training session on Wellbeing Swanage she had agreed to run for the receptionists at the Practice using Teams had been deferred.</p> <p>Meanwhile, Kiran agreed to act as the link from the Practice for Wellbeing Swanage.</p> <p>Margaret raised the possibility of Wellbeing Swanage having a stand in the Reception Area at the Surgery when social distancing requirements are relaxed.</p> <p>Margaret thanked Nicky for giving her presentation and agreed to share the slides used in the presentation with PPG members after the meeting.</p>	<p>NF/NR</p> <p>KQ</p> <p>NF/JO</p> <p>MB</p>
5.	<p>Minutes of Meeting held on 16 November 2021</p> <p>The Minutes of the meeting held on 16 November 2021 were approved. The approved version would now be added to the PPG page on the Practice website.</p>	MB/NR
6.	<p>Matters arising not covered elsewhere on Agenda</p> <p>6.1 Swanage/Purbeck Ambulance/Paramedic Car</p> <p>Margaret drew everyone's attention to the recent article in Swanage news about the Swanage car (see: https://www.swanage.news/swanage-ambulance-car-unstaffed-while-patient-waiting-time-increases/). Debby Monkhouse, one of the Councillors at Swanage Town Council, had also sent her the data requested in the Freedom of Information request made to the South Western Ambulance Service NHS Foundation Trust, referred to in the article. These confirm that response times for Category 1, 2 and 3 calls in Swanage have increased since 2019 - and also show that the number of 12 hour shifts not covered has increased, particularly over the last year, with up to 44 shifts/month not covered (ie no cover for 70% of the time). The explanation given for this was that, since 4 June 2020, the Swanage Solo Vehicle had not been included in their resourcing plan - suggesting that a decision had already been taken to run down this service, contrary to what the Purbeck PPG Chairs had been told at their meeting last June. Margaret agreed to contact Gill Foott to find out whether she and her colleagues at the CCG were able to throw any more light on this issue.</p> <p>Meanwhile, it was noted that NHS Dorset CCG would be meeting with Wareham Town Council on 1 February 2022 and with Swanage Town Council on 8 February 2022 to discuss the future of the Car further.</p> <p>6.2 PPG Noticeboard</p> <p>Natasha had confirmed that she would be moving forward with the proposal to put the dates of future PPG meetings on the TV screens in the Waiting Room and to identify a section of the noticeboard in the main Reception area for the PPG.</p>	<p>MB</p> <p>NR</p>

	6.3 Proposed “Health Hub” and Health Awareness Event Margaret confirmed that these proposed initiatives were still on hold due to the Pandemic - and pending a decision by the Practice regarding the use of some of the PPG’s funds to support the development of the new Practice Website.	NR
7.	Treasurer’s Report Karen reported that there was £522.85 in the PPG’s Bank Account and £67.83 in petty cash - giving a total of £590.68.	
8.	Surgery Report - given by Dr Qureshi The Practice had agreed to go ahead with setting up a new website and were working with the same company as that used by the Cranborne Practice. The Practice was continuing to experience staffing issues due to the Omicron wave. Dr Qureshi encouraged patients with concerns about their health to use eConsult, rather than sending an email to the Practice - this would ensure that potentially urgent issues are dealt with in a timely manner.	
9.	Future Priorities Margaret drew everyone’s attention to the Priorities agreed by the PPG in 2020 and proposed that, as it would hopefully be possible for PPG members to start meeting with patients at the Practice again later this year - and to start meeting in person again as a group - the time was right to review the PPG’s priorities. All agreed that it would also be a good time to review the purpose of the PPG. Margaret agreed to have a first go at updating the priorities and to circulate a revised document to PPG members ahead of a full discussion at the next meeting.	MB
11.	Feedback from other meetings attended by PPG members 11.1 Purbeck PPG Chairs Meeting held on 16 December 2021 Margaret drew everyone’s attention to the draft notes of this meeting, the Quarter 3 Update on the Purbeck Primary Care Network (information about the Purbeck PCN can be found at: www.purbeckpcn.co.uk) and the update on the Weymouth and Portland PCN’s Communications Project, all of which had been circulated to PPG members ahead of the meeting. It was felt that some of the actions taken forward in Weymouth and Portland could also be implemented in Swanage - Margaret agreed to discuss this possibility further with Natasha. 11.2 Building Health Partnerships Webinar held on 14 December 2021 This webinar had focused on the introduction of the Integrated Care Systems. 11.3 Other meetings and webinars attended by PPG members None	MB/NR
12.	Any other urgent business None	
15.	Dates of future meetings: <div> <div>15 March 2022</div> <div>17 May 2022</div> <div>19 July 2022</div> </div> <div> <div>20 September 2022</div> <div>15 November 2022</div> </div>	

Margaret Broadhurst, Chair



Wellbeing Swanage



Swanage & Purbeck
Development Trust



Swanage Community
Defibrillator Project



Swanage Jazz Club



Swanage Dementia Friendly



Greengage Community
Garden

Compassionate Frome

Improving health through community relationships

How does Compassionate Frome work?

Map 400+ community services and activities



Work with local people to plug gaps in provision



Signpost through GPs and local connectors



The project tackling isolation and illness that's cutting admissions and saving NHS money | ITV News

QUARTZ

How a small British town used social connections to make residents happier and healthier



Emergency hospital visits

29%

UK

Frome

17%



Wellbeing Swanage

Wellbeing Swanage is a collaboration between:



Swanage & Purbeck
Development Trust



National
Trust

Swanage Area Forum



Rotary  Swanage & Purbeck





- Safeguard community assets
- Map out all the resources we have locally and help people access them
- Identify where there are gaps in local provision
- Draw more resources into the local area
- Grow community connections

H O W W O R K S



Wellbeing Swanage



**Wellbeing Swanage Community Connectors
can signpost people to the information
and spaces that might help them!**



Crisis Page call 999 or [CLICK HERE](#) to visit our crisis page for local helplines and emergency contacts.

< || >

[Home](#)

[About](#) ▾

[Community Support](#) ▾

[Spotted a Gap?](#)

[Latest News](#)

[Contact](#)

[Crisis page](#)



Welcome! Do you want to build connections and find groups and support in the local community that might help you improve your health and wellbeing? You can find lots of local support from charities, service providers and social groups in the Wellbeing Swanage Directory, or search our resources page for self help guides, links to further information and self referral guidance.

If you are a representative from a local community group who would like to register to join the directory please get in touch or submit your group details [HERE](#). Or if YOU have an idea or a project that you think would make our community thrive, please get in touch!



Directory

Search our directory of free or low cost local community groups and support services, arranged into easy-to-navigate categories like "cancer", "befriending" and "sexual health".



Resources

Here you can find a wide range of resources that might help you, covering topics such as sleep, exercise, goal setting tools, self referral guides and planning ahead.



Community Connector Training

Our community connector training is open to everyone in our community. Wellbeing Swanage is all about the power of communities to support each other and spread information. The more that we are all empowered with knowledge and skills, the more we can all help each other as a community.




Projects and Partners

Here you can find simple community projects that anyone and everyone can get involved with as well as opportunities to volunteer with the groups that help keep our community – our friends, neighbours and family – happy and healthy.

Wellbeing Swanage Directory

- ☐ Befriending/Isolation
- ☐ Bereavement
- ☐ Bladder and bowel conditions
- ☐ Brain Injury
- ☐ Cancer
- ☐ Carers
- ☐ Counselling/Therapy
- ☐ Covid-19 Community Support
- ☐ Dementia
- ☐ Diabetes
- ☐ Epilepsy
- ☐ Exercise
- ☐ Families, parenting and young


Search...

 search directory

Swanage Breastfeeding Support Group

We are a free support group for breastfeeding mothers, meeting Friday mornings, at Swanage Children's Centre, 9.30-11.30am.



 07772151260 Deb Woodward

 deborah@familiesandbabies.org.uk

Studland History Group

Monthly meetings at Studland Village Hall on a range of local historical topics. Third Wednesday of each month. Find us on Facebook. £3.50 per meeting for visitors, members £17 for a year





Parenting and Play



Mental Health



Sleep



Physical Activity



Bereavement



Drugs and Alcohol



Pain Management



Green and Healthy



Youth



Every Mind Matters - Top Tips

We all need good mental health and wellbeing – it's essential to living happy and healthy lives. Here are 6 areas of life where simple changes can make a big difference.



Mind - Self help document

This resource explains what mental health problems are, what may cause them, and the many different kinds of help, treatment and support that are available.



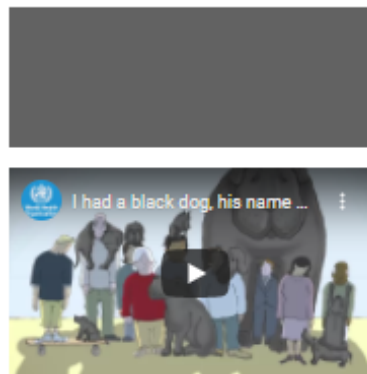
Link - Rethink Mental Illness

Rethink Mental Illness improves the lives of people severely affected by mental illness through their network of local groups and services, expert information and successful campaigning.



Steps2Wellbeing - self referral

Steps offer a range of free evidence-based therapy services in Dorset and Southampton, via online courses, for common mental health problems, helping you to feel better.



I had a black dog - video about how depression feels

Sometimes it can be hard to recognise how we are feeling, and even harder to explain how our mental health struggles feel to our friends and family. Many individuals and their families are afraid to



Community front rooms are a welcoming, safe space where over 18s can speak to a mental health worker or peer specialist. We will listen and won't judge, helping you to find the right solution that supports your recovery. You don't need a GP referral or an

H O W W O R K S



Wellbeing Swanage



H O W W O R K S



Wellbeing Swanage

I have an idea
for a project!



I've spotted a
gap in the
services we
have locally!



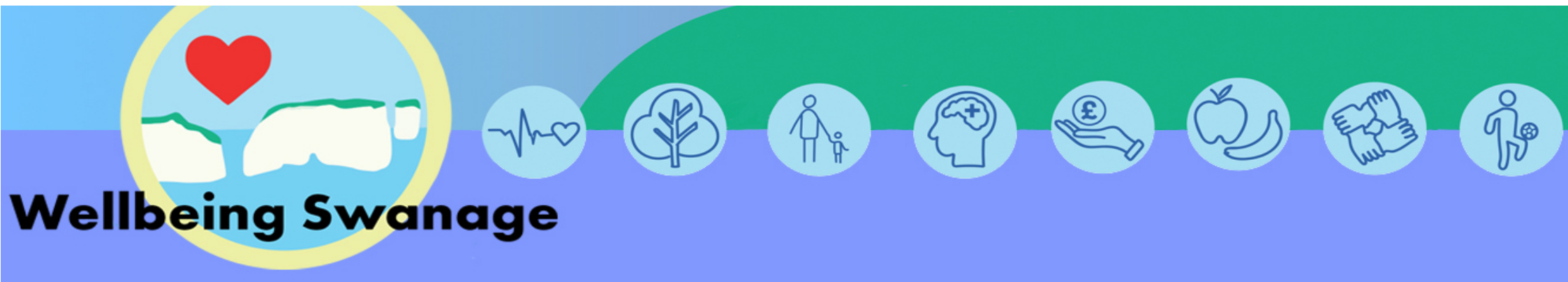
I want to be a community
connector, can I come
to the next workshop?



Community is at the heart of this project - and we want Wellbeing Swanage to be made by and for the people of Swanage and its surrounding towns. That means we want to hear your ideas, issues and thoughts! Wellbeing Swanage will work to help facilitate new projects, advocate for more resources and services in our area and help to adopt and safeguard local spaces and services that might be at risk of being otherwise lost!



Swanage is already a great place to live but together we can build a more resilient community and grow even more social infrastructure, so that we all live our happiest, healthiest, connected lives!



**Thank you
and
Any Questions**



Wellbeing Swanage <https://wellbeingswanage.org> and <https://www.facebook.com/groups/swanageccr/>